



Republika ng Pilipinas
KAGAWARAN NG KALUSUGAN
PAMBANSANG SANGGUNIAN SA NUTRISYON
(NATIONAL NUTRITION COUNCIL)
NATIONAL CAPITAL REGION



Excerpts from the Minutes of the Regional Nutrition Committee Meeting
held on November 9, 2021 via Zoom

RNC-NCR RESOLUTION NO. 05
Series of 2021

**ENJOINING ALL LOCAL GOVERNMENT UNITS IN NCR TO ADOPT
THE EARLY CHILDHOOD CARE AND DEVELOPMENT IN THE FIRST 1000 DAYS
(ECCD-F1K) PROGRAM AND APPROPRIATE FUNDS THEREOF**

WHEREAS, the most profound and critical years of physical growth and brain development happen between the prenatal to the first four to eight years of human life, and when neglect happens and this crucial period is not properly addressed, children's survival suffers, and they lose their opportunities to reach their full human potentials;

WHEREAS, consistent with this concern, the Early Years Act of 2013 (RA 10410) was enacted into law, wherein Section 2 states, "It is hereby declared the policy of the State to promote the rights of children to survival, development and special protection with full recognition of the nature of childhood and as well as the need to provide developmentally appropriate experiences to address their needs";

WHEREAS, RA 10410 institutionalized the National ECCD System which refers to the full range of health, nutrition, early education and social services development programs that provide for the basic holistic needs of young children from age zero (0) to four (4) years to promote their optimum growth and development;

WHEREAS, the first one thousand (1000) days is considered an important period of life where rapid physical growth and mental development occur, and the introduction of health and nutrition-related programs during this period can help the child grow properly and promote good health until adulthood;

WHEREAS, analysis of data on child undernutrition in various countries shows that growth faltering (or decline in weight and height) happens in the first two years of life (WHO, 2013);

WHEREAS, based on the results of the 2019 Expanded National Nutrition Survey (ENNS) conducted by the Department of Science and Technology – Food and Nutrition Research Institute (DOST-FNRI), 21.9% of children <2 years old are stunted;

WHEREAS, Republic Act (RA) 11148 also known as "*Kalusugan at Nutrisyon ng Mag-Nanay Act*" focuses on strengthening the local health and nutrition program implementation for maternal, neonatal, child health and nutrition in the first one thousand days (1000) which is from conception to the first two (2) years of life of the child;

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WHEREAS, the F1K Program involves the delivery of an intervention package that is focused on the first 1000 days of life or the period of pregnancy (270 days) which starts from conception followed by the first two years of life (730);

WHEREAS, while good nutrition is important for growth and brain development, “care, responsiveness and stimulation” are equally important for a child’s growth and development (WHO 2008);

WHEREAS, the Early Childhood Care and Development in the First 1000 Days (ECCD-F1K) Program was developed by the National Nutrition Council to strengthen the existing interventions related to ECCD and ensure the full development of the child through the integrated delivery of services on health, nutrition, psychosocial stimulation, early education, and social services in the first 1000 days;

WHEREAS, the ECCD-F1K Program targets the pregnant and lactating women, infants 0-11 months old and young children 12-23 months old, with a special focus on families that are members of the conditional cash transfer program, and other marginalized groups that may include persons with disability and indigenous peoples;

WHEREAS, to be successful, the following areas along ECCD-F1K must be ensured, even at critical and challenging times of health and emergencies such as epidemic/pandemic and must be supported by: (a) Maternal, Neonatal, Child Health and Nutrition (MNCHN), (b) Adolescent health and nutrition, (c) Responsive caregiving and early stimulation, (d) Integrated Management of Childhood Illness (IMCI), (e) Water, Sanitation and Hygiene (WASH), and (f) Child protection and security;

WHEREAS, the ECCD-F1K Program started to be implemented in 2016 in selected municipalities of provinces with high magnitude of poverty; however, to prevent stunting especially during the first 1000 days of life, all the LGUs are encouraged to implement the ECCD-F1K Program;

WHEREAS, the NNC has issued the Early Childhood Care and Development in the First 1000 Days (F1K) Program Document and Implementing Guidelines in 2018 which is set of guidelines that provides guidance on the implementation of ECCD F1K Program to achieve better and most cost-effective results from the program;

WHEREAS, the target users of the guidelines are program managers or equivalent personalities at the national and regional offices of the Department of Health, Department of Social Welfare and Development, the Early Childhood Care and Development Council, and the National Nutrition Council, local chief executives, nutrition action officers and members of the local nutrition committees and other local government functionaries in program areas. The guidelines can also be used by LGUs not covered by the program but are interested in implementing a program similar to the ECCD F1K Program as well as by non-government organizations (NGOs);

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NOW, THEREFORE, BE IT RESOLVED, AS IT IS HEREBY RESOLVED, by the Regional Nutrition Committee of the National Capital Region in a meeting duly assembled to enjoin all local government units (LGUs) in Metro Manila to adopt the ECCD-F1K Program through the inclusion of relevant components of the ECCD-F1K Program in their three-year local nutrition action plan (LNAP) and integrating their LNAP in the development of local plans such as Annual Investment Program (AIP), Local Development Investment Program (LDIP), and Comprehensive Development Plan (CDP);

RESOLVED FURTHER, to request Department of the Interior and Local Government-NCR to assist in the dissemination of this resolution to Local Nutrition Committees and help monitor its implementation;

RESOLVED FURTHER, to request RNC member agencies to provide technical support and deliberately include the ECCD-F1K projects and activities in their work and financial plans, as applicable;

RESOLVED FURTHER, for the NNC-NCR Regional Office being the RNC Secretariat to:

1. disseminate the copy of the ECCD-F1K Program Document and Guidelines to RNC members and LGUs
2. continue to provide technical assistance to LGUs regarding the ECCD-F1K Program
3. coordinate and monitor LGUs' compliance to this resolution
4. report the status of implementation to the RNC
5. review the effectiveness of implementation of this resolution after three (3) years of its implementation

RESOLVED FURTHER, that the NNC-NCR Regional Office being the Secretariat of the RNC to furnish the NNC Central Office, all regional members of the RNC and all local government units in the region a copy of this resolution.

APPROVED UNANIMOUSLY AND ADOPTED, this 9th day of November 2021 during the meeting of the Regional Nutrition Committee held via Zoom.

Approved by:


GLORIA J. BALBOA, MD, MPH, MHA, CEO VI, CESO III

Chair, Regional Nutrition Committee

Director IV, Metro Manila Center for Health Development

Attested by:


MS. MILAGROS ELISA V. FEDERIZO, RND, MPH

*Regional Nutrition Program Coordinator, NNC-NCR and
Secretary, Regional Nutrition Committee*